

WEEK 4: BEING "ALL IN"



Now that you've been involved with this program for almost a month, I expect that you've seen some changes occurring in your life.

Is it easier to get out of bed in the morning?

Are you having more meaningful interactions with people?

Are your conversations getting deeper, and are you probing under the surface with people?

Are you wasting less time on B.S.?

Are you having more fun in your life?

Have you made any significant discoveries about yourself? About what you really like or dislike? About what you are willing to invest your precious time on?

Are you showing up just the same as you always have, or has something shifted?

ACTION ITEM 1: Write down 3 things about your life now that are different than before you started The Last Year Of Your Life:

- 1.
- 2.
- 3.

ACTION ITEM 2: Off the top of your head, write down 1 place where you would like to see something CHANGE in your life, and what that change would look like in an ideal world:

The SINGLE MOST IMPORTANT CHANGE I Want For My Life Would Be:

If you filled in the blanks above, then Good Job!

If you haven't, stop right here and FILL IN THOSE BLANKS! (I'm Serious!)

Okay, now I want you to look at that last blank you filled in and think about it for a minute or two, considering this question in respect to that item: *How awesome would it be to get that change for myself?*

Would that change your entire life?

Is that change on your CPR?

If so, GREAT! If not, add it to your CPR right now.

What would that change be worth to you?

I want a change for you that would forever transform your life. A change that would inspire you. A change that would be a complete point of departure for you. "There was life before I _____, and then after that, my life was forever not the same."

For me, that change happened at the end of 2000, when I stopped being a taxi driver.

For a little over 3 years I earned my living by driving a cab on Friday and Saturday nights. On New Year's Eve of the Millenium I was driving a cab. It

felt like shit to know that everyone in the whole world was out partying and celebrating, while I was driving a taxi.

I was so afraid I was never going to get out of the rut I had dug for myself that I started taking major transformative seminars; Paul Roth's "Life Transformation", "The Sterling Men's Weekend", and finally "Unleash the Power Within" with Tony Robbins.

In December of 2000, if someone had asked me "What is the single most important change you want to make in your life?" I would have instantly answered, "I don't want to be a cab driver anymore!"

I'm willing to bet that there's something churning inside you like that.

Some secret dream or dread that you've been trying (unsuccessfully) to ignore for MONTHS or YEARS!

Did you write that down in that blank? If not, WRITE IT DOWN NOW!

I want something very specific from you. I want a commitment to something that you are willing to go "All In" for.

Your Last Stand.

All your chips pushed into the pot.

Something you are willing to lay your life on the line for, if necessary.

Come on – have the courage to make a stand for something that inspires you!

Now here's the really tough part: You have to take a leap of faith with me, a leap of faith that you won't let yourself down. That you won't fall into the deep dark chasm... That you won't plunge yourself onto a spear... That you won't embarrass yourself to DEATH.

You see, here's the thing about The Last Year Of Your Life: I'm going to ask you to take yourself on a journey unlike anything you've ever participated in before.

We are going into the deep dark unknown.

We are going to plumb the depths of your psyche and your soul...

We are going to test your endurance, your commitment, your creativity, your courage, your trust, your integrity, your spiritual base, your ability to deal with people, your ability to persevere in the face of the unknown, and even your ability to face death.

And I want you to make a commitment to yourself -- right now -- that you are willing to do EVERYTHING that I ask you to do, from here on out, all the way to the very last moment of The Last Year Of Your Life.

I will do ALL the Action Items.

I will do ALL the Exercises.

I will do EVERYTHING in The Last Year Of Your Life Program, fully and to the very best of my ability...

Because I want more out my life than I've experienced so far...

Because I want to live my life to the absolute peak of my potential....

Because I believe in MYSELF and my own COURAGE and my ability to SUCCEED and be the BEST ME THAT I CAN BE.

If you can't make this commitment right here, right now, and forevermore, so help you God, then I want you to turn close this book, take it back to where you got it, and hand it in for a FULL REFUND.

I want only FULLY ALL-IN PARTICIPANTS FROM HERE ON OUT.

I want people who are committed to achieving Life-Transforming results in this program.

I only want people who are 100% committed to changing their lives for the better, to become the man or woman they have always wanted to be.

The Last Year Of Your Life is a program exclusively for gutsy, 100% committed winners who are willing to do whatever it takes to achieve their personal ideals.

If that's not you, then it's been nice knowing you, thanks for giving this a try, and I wish you the best of luck. You will receive your refund with all politeness.

But if that IS YOU...

Then read the statement below ALOUD, write today's date, then sign your name on the dotted line:

"I am 100% committed to live The Final Year Of My Life to the fullest. I am ALL IN!"

date

signature

To those of you who read the statement aloud and signed your name, I say, "Congratulations! I look forward to meeting you personally at the feast, and I eagerly await the moment when I hear your own stories about your greatness!"

Sincerely,

Clint Arthur